

QUARANTINART

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Project in a Nutshell

- QuarantinART will escalate the **mental health and well-being** of the participants.
- QuarantinART will enhance **Self-awareness and Expression**.
- QuarantinART will help them **show off their talents** to the world.
- QuarantinART will reinforce to acknowledge and **celebrate their own uniqueness and diversity**.
- QuarantinART will **reconnect** with their 'child-like' state.
- QuarantinART will give women **permission to be creative**.
- QuarantinART will **learn and dare to fail**.
- Creativity has **no rules**.
- QuarantinART will **increase Mindfulness**.

WHAT WILL YOU FIND IN THIS NEWSLETTER:

PROJECT IN
A NUTSHELL

PROJECT
PARTNERS

QUARANTINART
NEWS

UPCOMING
EVENTS



Project Partners



Bratislava Policy Institute is an independent, not-for-profit think tank dedicated to fostering liberal democracy, human rights and CE region, and European integration through analysis and debate, supporting and challenging at relevant stakeholders in national and international level to make informed decisions based on evidence and analysis.



Rinascita is a Social Cooperative pursues the interest of the community for the human promotion and the social integration of the citizens through several activities aiming to the professional integration of youngsters and people with fewer opportunities.



ENOROS objective is to provide specialized knowledge in planning, management and evaluation of development programs and projects, both at national and European levels. Their disciplines have a wide range from Political Science, International Relations, Economics, Psychology, Sociology, Engineering, Agronomy.



The European Foundation for Innovative Development implemented projects involving the creation of legal advice offices. The main goal of the projects implemented by the foundation was to provide free, universal and impartial access to reliable, current and confidential legal and civic advice.



Tavo Europa is more than just another NGO working on the development of society by making those choices. It is a platform that gathers youth and different kind of experts who work together. We are home for the knowledge-hungry professionals that deeply care about their job, about career development and about youth.



QUARANTINART NEWS



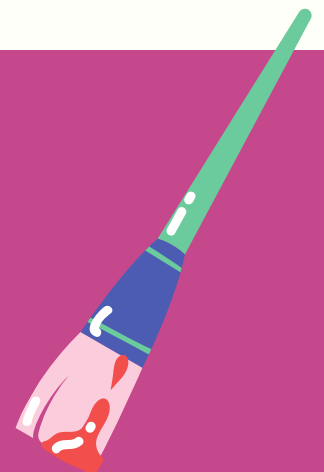
To have this course running smoothly and with utmost efficiency we collaborated with the art professionals which were not only using the materials, developed by our Quarantinart team, but also used their own knowledge and professional experience in the field to make sure that the women will get the most pleasing and exciting experience by attending this course.

3RD INTERNATIONAL MEETING IN WARSAW 24-25 of May

The third international meeting of the QUARANTINART project took place in Poland, Warsaw. Meeting was focusing mainly on the development of IO2 (Play based, art filled, at home education for women course). We were also focusing on the development and scope of the IO3 and with its related technical issues, which can come with recording interviews. We also discussed management and dissemination manners, raising issues, exploring new ideas and setting new tasks and deadlines.

1ST PILOT OF QUARANTINART

First pilot testing of our course took place in Copertino from 24th to 27th of November. Our target group -low skilled women were learning new skills in the areas such as painting, craft-making , cutting, sewing, knitting, jewellery bags and other decorations making.



PLAY BASED, ART FILLED, AT-HOME EDUCATION FOR WOMEN COURSE

One of our most important outcomes was to design and develop an original, integrated and specifically targeted Training course, which will be tested and implemented in all partner countries. The course aims to enhance and deepen the competences of low qualified women. This course aims to provide the basis to design the learning material targeting the needs and gaps of low-skilled women in terms of skills and knowledge using their creativity. Creativity has the power to give adults the freedom to explore their surroundings and learn new things from them. More specifically, the training tools the current project uses are based upon:

1) Raising awareness of the importance of Well-being in Adult education.

2) Building the ability of low-skilled women to optimize their performances in educational paths, and develop their adequate skills and creative potential; based on a well-being state during the training course.

3) Providing guidelines and counseling on the key elements needed to ensure an optimal learning environment for the art teachers.

In these hard times and as a response to COVID-19, problem-solving through creativity can be encouraged and help women to think out of the box and be more imaginative and innovative.

UPCOMING EVENTS

4th Transnational meeting

Pilot testing of the training course

Shooting the video footage of inspirational stories

Dissemination event in all partner countries

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